



Registered Charity No: 1108016

BY E-MAIL

**THE GLOBAL SYMPOSIUM ON THE DIETARY TREATMENTS FOR EPILEPSY**  
**AND OTHER NEUROLOGICAL DISORDERS**

Dear Colleague,

I am writing on behalf of the organising committee of the 2<sup>nd</sup> Global Symposium on the Dietary Treatments for Epilepsy and other Neurological Disorders to be held in Edinburgh October 5-8<sup>th</sup> 2010.

Although the ketogenic diet has been used in the treatment of epilepsy for almost 100 years, it is now 15 years since the story of Charlie, who, after failing numerous anti-epileptic drugs became seizure free and drug free on the ketogenic diet and brought awareness of the possible effects of the diet to a wider population. There is now no question of agreement to its efficacy, not only in epilepsy but also now widening to other neurological conditions. Research into basic mechanisms of action and implementation has also escalated; the number of publications on pubmed about research into the ketogenic diet has risen from <20 in 1996 to >110 in 2008.

The first Symposium was held in Phoenix, Arizona in April 2008. This was attended by over 200 participants from varied backgrounds including epilepsy and dietetics. Much discussion was undertaken, and it was agreed that progress would be sufficient to bring individuals together once again in 2010. As you can see from the link below to the programme we have no doubt this is true.

<http://site.matthewsfriends.org/index.php?page=global-symposium-2010>

I sincerely hope that you are able to attend and we look forward to welcoming you to Edinburgh in October.

If you have any further questions, then please do not hesitate to contact the organisers at Matthew's Friends.

Yours Sincerely,

J Helen Cross - Chair Scientific Organising Committee

The Prince of Wales's Chair of Childhood Epilepsy, UCL-ICH, Great Ormond Street Hospital for Children, London & the National Centre for Young People with Epilepsy, Lingfield, UK

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